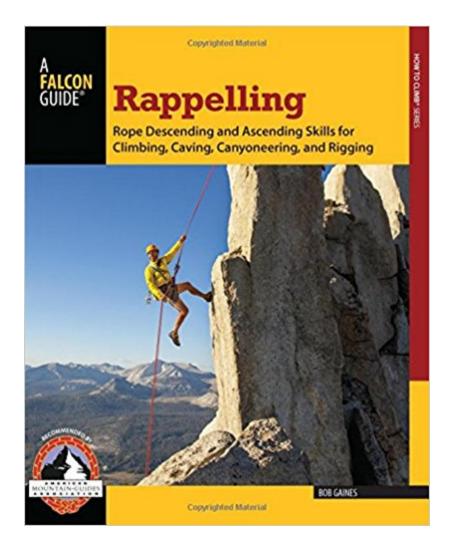


The book was found

Rappelling: Rope Descending And Ascending Skills For Climbing, Caving, Canyoneering, And Rigging (How To Climb Series)





Synopsis

In Rappellingà you'll find everything you need to know about descending a rope, from the most basic to advanced techniques,à includingà knots, rigging strategies, rappel devices, and more.à Included is a comprehensive discussion ofà ropes, slings, and all the hardware used in rappelling.Ă Â Ă Â Rappelling techniques for climbingà are covered in detail, including multi-pitch rappelling methods and rope management. Single rope fixed line rappelling techniques used in caving, canyoneering, and for industrial applications are also discussed, along withà improvisedà rope ascending techniques ("prusiking") and ascending a fixed rope with mechanical ascenders ("jumaring"). Rappelling accident analysis and prevention is also included, along with a section on rappel back-ups and safety checks.à Inside you'll find information on:Ropes Rappel devices Slings and webbing Knots and hitches Rigging rappel anchors Rappelling methods Rope retrieval techniques Rappelling accident analysis Rappel safety back-ups Working withà Â fixed lines Rope ascending techniques

Book Information

Series: How To Climb Series Paperback: 184 pages Publisher: Falcon Guides; First Edition edition (September 24, 2013) Language: English ISBN-10: 0762780800 ISBN-13: 978-0762780808 Product Dimensions: 7.5 x 0.4 x 9.3 inches Shipping Weight: 1.1 pounds (View shipping rates and policies) Average Customer Review: 4.3 out of 5 stars 16 customer reviews Best Sellers Rank: #125,807 in Books (See Top 100 in Books) #2 inà Â Books > Sports & Outdoors > Outdoor Recreation > Caving & Spelunking #116 inà Â Books > Sports & Outdoors > Mountaineering > Mountain Climbing

Customer Reviews

Bobà Gaines has beenà a professional rock climbing guideà Â since 1983 and is the owner of Vertical Adventures Rock Climbing School, voted the #1 rock climbing school in America by Outside magazine.Bob has worked extensively in the film business as a climbing stunt coordinator.à He was Sylvester Stalloneââ ¬â,,¢s climbing instructor for the movie Cliffhanger. Bob also doubled for William Shatner in the movie Star Trek V, as Captain Kirk free-soloing on El Capitan in Yosemite.

I don't climb, but this book gave me a lot of information on Rappeling.

Well illustrated with excellent explanations. Helped me solve concerns about how to deal with the potential for a few difficult situations.

Great illustrations and easy to follow knot pics

good and concicive.

Everything you need.

Looks good

Informative

worked well

Download to continue reading...

Rappelling: Rope Descending And Ascending Skills For Climbing, Caving, Canyoneering, And Rigging (How To Climb Series) Rock Climbing: Mastering Basic Climbing Techniques, Skills & Developing The Climbing Warrior's Mindset (Rock Climbing, Bouldering, Caving, Hiking) On Rope: North American Vertical Rope Techniques for Caving ... Rappellers Canyoneering: A Guide To Techniques For Wet And Dry Canyons (How To Climb Series) Roads to Adventure 31 Kayaking, Hiking, Biking, Fishing, Skiing, Caving, Surfing, Rock Climbing, Ice Climbing, Rafting, Camping and RVing Stories Rock Climbing: Mastering Basic Climbing Techniques, Skills & Developing the Climbing Warrior's Mindset Alpine Caving Techniques: A Complete Guide to Safe and Efficient Caving How to Rock Climb! (How To Climb Series) The Will to Climb: Obsession and Commitment and the Quest to Climb Annapurna--the World's Deadliest Peak Rock Climbing: The AMGA Single Pitch Manual (How To Climb Series) Climbing Anchors Field Guide (How To Climb Series) Traditional Lead Climbing: A Rock Climber's Guide to Taking the Sharp End of the Rope Climbing: From Gym to Rock (How to Climb) Canyoning in the Alps: Canyoneering Routes in Northern Italy and Ticino Canyoneering: The San Rafael Swell Climbing and Hiking in the Wind River Mountains (Climbing Mountains Series) Rock Climbing Virginia, West Virginia, and Maryland (State Rock Climbing Series) Hueco Tanks Climbing and Bouldering Guide (Regional Rock Climbing Series) Climbing California's High Sierra, 2nd: The Classic Climbs on Rock and Ice (Climbing Mountains Series) Rock Climbing Minnesota and Wisconsin (State Rock Climbing Series)

Contact Us

DMCA

Privacy

FAQ & Help